

New Arrivals

Ricardo Almaraz
Geronimo and Oralia Almaraz of Eagle Lake are pleased to announce the birth of their child, a son, Ricardo Almaraz born on Monday, August 27 at 11:28 a.m. at the Rice Medical Center in Eagle Lake.

He weighed eight pounds, 11 ounces and measured 19 inches long.

He welcomed by his older sister, Dora Almaraz, who's one.

Maternal grandparents are Everarado and Dora Holguin of Eagle Lake.

Paternal grandparents are Zenon and Geronima Almaraz of Orchard.

Great grandmother is Oralia Hernandez of Eagle Lake.

Jayke Dilynn Grisell
Jennifer Grisell of East Bernard is proud to announce the birth of her child, a son, Jayke Dilynn Grisell born on August 20 are 3:08 p.m. at the Rice Medical Center in Eagle Lake.

He weighed seven pounds, 14 ounces and measured 20 3/4 inches long.

Jayke is welcomed by his siblings, Gilbert who's five, Jerramyah who's three and Jasmine who's one.

Maternal grandparents are John and Pat Grisell of East Bernard.

James C. Supak III
James C. Supak, Jr. and Judy Ann Fostka of Ellinger, Texas are pleased to announce the birth of their child, a son, James C. Supak

III, born on Tuesday, August 28 at 6:12 a.m. at Rice Medical Center in Eagle Lake.

He weighed seven pounds and eight ounces and measured 20 1/2 inches long.

Maternal grandparents are

Geff and Margie Blevins.

Paternal grandparents are James C. and Rosie C. Supak.

Great grandparents are Jim Supak and Bessie Supak, Dorothy Gast and Jean Nesbitt.

Tips To Beat The Seasonal Allergies

The end of summer means more than the end of summer vacation for the kids - it also means the start of "hay fever" season for millions of Americans.

During this period, allergy sufferers may begin to feel relief from the diminishing tree and grass pollen. Unfortunately, ragweed season kicks off at the same time.

For the nearly 36 million Americans who are affected by seasonal allergic rhinitis, or "hay fever," this means an increased amount of sneezing and itchy, watery eyes. According to the American Academy of Allergy, Asthma & Immunology (AAAAI), "hay fever" can have a major impact on a person's quality of life during this season which lasts into October.

"Ragweed is a stubborn plant that can grow practically anywhere. It produces one billion grains per average season and, due to their lightweight texture, the grains can travel up to 400 miles," said Fuad M. Baroody, MD, FAAAAI, Chair of the AAAAI Rhinitis Committee. "Without proper diagnosis and management, your allergies could take a heavy toll on your quality of life."

Symptoms of "hay fever" include sneezing, runny noses and swollen, itchy, watery eyes. These symptoms can be so severe that they affect a person's ability to function well at school or work.

Nearly 80 percent of patients with seasonal allergies experience sleep problems, leading to fatigue, loss of concentration and poor performance at work and school. Each year, more than 3.8 million days of work and school are missed due to the abundance of ragweed in the air which causes seasonal allergies.

The best way to avoid feeling the symptoms of seasonal allergies is to avoid the triggers. Remember these tips:

- * Avoid areas where ragweed plants thrive, including ditches, vacant lots, roadsides, riverbanks and the edges of wooded areas.
- * Keep windows closed during

ragweed season to prevent pollen from drifting into your home. Use air conditioning, which cools, cleans and dries the air.

- * Keep your car windows closed when traveling.

- * Minimize outdoor activity when pollen counts are high.

- * Take a shower after spending time outside; pollen can collect on your skin and hair.

- * Minimize your exposure to other known allergens during ragweed season, since symptoms are the result of a cumulative effect of multiple allergens.

- * Get up-to-date pollen information for your area by visiting the National Allergy Bureau online at www.aaaai.org/nab.

To help prepare for the arrival of ragweed, begin any allergy medications 10 to 14 days prior to your area's peak ragweed season. An allergist/immunologist can assist by making an accurate diagnosis and developing an effective treatment.

According to the AAAAI's referral guidelines, patients should see an allergist/immunologist if they:

- * Have prolonged or severe symptoms of rhinitis.

- * Have nasal polyps.

- * Have co-existing conditions such as asthma or recurrent sinusitis

- * Have symptoms interfering with quality of life and/or ability to function.

- * Have limited their diet based upon perceived adverse reactions to foods or additives.

- * Experience itchy mouth from raw fruits or vegetables.

- * Have found medications to be ineffective or have had adverse reactions to medications.

- * Are a child with allergic rhinitis, because immunotherapy may potentially prevent the development of asthma.

To find an allergist/immunologist in your area or to learn more about allergies and asthma, visit the AAAAI Web site at www.aaaai.org.

Obituaries

Lella Shirley

On August 23, Lella Shirley was called home to rest.

She was born in Columbus on September 24, 1932 to Mary Lee-Glover Shirley and R.A. Shirley.

Lella was a member of St. Paul United Methodist Church, where at an early age she accepted Christ.

She was a graduate of Columbus High School.

Lella was a loving mother of three James, Monica and Leathan Shirley.

She was preceded in death by her mother; father; son, James; and one sister, Kathleen Glenn.

Left to cherish her memory are one daughter, Monica; a son, Leathan Shirley both of Columbus; two sisters, Ida Johnson, and Shiela Carey of Columbus; one brother, Roland Shirley of San Antonio; eight grandchildren; and a host of nieces and nephews and other relatives and friends.

Interment was held at Willing Worker Cemetery in Columbus. Funeral arrangements entrusted to Ben Davis Funeral Home.

Pallbearers were Linzy Orise, Jarvis Vaughns, Larry Burford, Michael Fitzgerald, Jon Woods, and Laird Tolliver.

Honorary pallbearers were Leathan Shirley, Reginald Glenn, Calvin Scott, Tason Harris, Reginald Fitzgerald, and Roland Shirley.

Sympathy is extended to the family in their loss.

Burnis Williams

Burnis Williams, 72, of El Campo passed away August 26 at MD Anderson Cancer Center in Houston.

He was born February 7, 1935 in Garwood the son of Robert Lee Williams and Alonia Person.

Burnis and his wife, Betty Joyce Williams, were married 31 years. He was of Baptist faith and member of Mount Olive Baptist Church in El Campo and New Hope Community Church in Wharton.

A loving father, he loved his family, farming and barbequing. Survivors include his wife, Betty; children, Russell Williams, Lilly Jewel Revis, Phillip Anthony Williams, Gwendolyn Grey, Ivory Edwards, and Sharolte Siggers.

Funeral services were held Saturday September 1 at 11 a.m. from New Hope Community Church in Wharton with Rev. A.C. Sterns officiating. Interment followed at El Campo Community Cemetery. Arrangements entrusted to Matthews Funeral Home in Wharton.

Pallbearers Darrell Williams, Don Edwards Jr., Justin Revis, Herbert Harris, Frank Herring, and Grady Williams.

Sympathy is extended to the family in their loss.

Sheridan Library Lines

Autumn is just around the corner, and that means it's time to order your 2008 community birthday calendar. The library fundraiser will be in full swing during the months of September and October. The calendar will include school holidays so parents will know when their children have a free day from school. The PTS is making this feature available for parents.

Cost of the calendar is \$6 for a listing of 10 birthdays. If more birthdays are listed, you are asked to purchase a second calendar. Clubs, organizations, and churches may purchase a support ad for \$10 and have their meeting dates posted on the calendar. With a support ad, each receives a free calendar. Businesses may purchase an ad for all twelve months for \$20 and receive a free calendar.

Library board members and volunteers are taking orders. You may call Zelda Walker, Natalie Dupre, Barbara Brisco, Patsy Fuller, Ruth Brisco, Rose Thumann, Irene Hagendorf, Darnell Varley, Marilyn Murphy, and Lillian Gohlke. If you are not contacted by one of the ladies listed above, you may pick up an order form at the library. The deadline for calendar orders and payment is due at the end of October.

The Sheridan Friends of the Library are continuing their membership drive through the month of October. Dues are \$5.00 per person. Forms are available at the library.

New members include Bobby Haines, C. E. and Leona Flippen, Mary Lou Criswell, Frenchie Blanchard, Zelda and Franklin Walker, Alice McQuiston, Eldon and Joyce Ohm, Jose and Judy Garcia, Phil and Elaine Mailloux, Ed and Darleen Morrow, Martha Polach, Morris and Angie Howland, Dean and Betty Varley, Wayne, Natalie, and Audrey Dupre, Charlene Tesch, Shirley Moore, Harry and Grace Brisco, Vera Tesch, Luis Flores, Rose and Pete Thumann, Angie and Dennis Zbraneck, Jr., Marvin and Lisa Wil-

lis, Bill and Lillian Golke, Reggie and Barbara Brisco, Helen Brisco, and Alan and Debbie Kloss.

Also, Lavo and Ruth Brisco, W.O., Regena, and Lenora Williams, Allen Brogger and Hazel Prichard, Larry, Darnell, Andrew, and Kimberly Varley, Brandon, Tiffany, and Jordan Whitley, and Dixie Koonce.

Thank you for your support. The library received the following memorials during the months of July and August:

In memory of Kathryn Woytek: Wayne and Natalie Dupre, Lavo and Ruth Brisco, Larry and Darnell Varley and Family; in memory of Edward Wied: Bill and Lillian Gohlke; in memory of Frances Pearo: Bill and Lillian Gohlke; in memory of Clinton McMillian: Bill and Lillian Gohlke, Dave and Patsy Robertson, Herbert and Alice Hinze, Matthew and Megan Hinze, Phil and Elaine Mailloux, Wayne and Natalie Dupre, James and Marilyn Murphy, Harry and Grace Brisco, Mary Lou Criswell, Elizabeth Fuller, Loretta McCloud, Monte and Aileen Peck, Zelda Walker, Lavo and Ruth Brisco, Larry and Darnell Varley and Family; in memory of Jean Walker: Roy and Margie Fuller, Larry and Darnell Varley and Family; in memory of Novella Tesch: Roy and Margie Fuller; in memory of Voydell Cousins: Roy and Margie Fuller, Dave and Patsy Robertson, Larry and Darnell Varley and Family; in memory of LaVerne Criswell: Marjorie McIntosh; in memory of Constance Blackburn: Jim and Lucy Ross; in memory of Claud Perrin: Phil and Elaine Mailloux, Allen Brogger and Hazel Prichard, James and Marilyn Murphy, Bill and Lillian Gohlke, Leon and Rose Thumann; in memory of Raymond Brisco: Larry and Darnell Varley and Family; in memory of Ernest Dodd: Larry and Darnell Varley and Family; in memory of Mildred Rouse: Larry and Darnell

Continued on next page

Eagle Lake Funeral Home
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Reye's Syndrome Linked to Aspirin
Reye's syndrome is a rare condition that is linked to the use of aspirin use in children. The condition is serious and may affect the blood, liver, and brain. Children and teenagers who are recovering from a viral infection and are treated with aspirin are at risk for developing this condition. When Reye's syndrome occurs, the level of ammonia and acidity in the blood may increase while the level of sugar in the blood may decrease. Swelling of the liver and the brain may occur. Seizures may result, and eventual coma and death may occur. Symptoms of Reye's syndrome may begin a week after a viral infection, such as from influenza or the chickenpox. Initial symptoms may include nausea and vomiting, abnormal lethargy, disoriented behavior, and a decrease in mental alertness. Reye's syndrome occurs most commonly in children between the ages of 4 and 12 years.
Treatment may include intravenous fluids, such as glucose and electrolyte solutions. Insulin may be required in small amounts to help increase the metabolism of sugar. Steroids may be used to decrease brain swelling and inflammation. Diuretics, such as mannitol, are sometimes used to decrease swelling of the brain. If the condition becomes severe, a ventilator may be necessary to help the child breathe.

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GREATER RISING STAR BAPTIST CHURCH: 580 Old Altair Road, Eagle Lake; Rev. Truman Scott Sr., Pastor; 234-2423 or 758-3745.
GREATER UNION BAPTIST CHURCH: Matthews Community, Co. Rd. 141; Rev. Lawrence C. Robertson, Pastor; 234-2581.
MT. CARMEL MISSIONARY BAPTIST CHURCH: Hwy. 90-A (Pecan Valley), Eagle Lake; Rev. H.O. Williams, Pastor; 234-5813.
LIVING HOPE CHURCH: Eagle Lake; Revs. Joe and Mercy Fling; 234-5536.
BEREA CLADIC: 623 Maple Avenue, Eagle Lake; 234-2130.
ROCK ISLAND FULL GOSPEL: P.O. Box 232, Rock Island; 234-5840.
CHRISTIAN CITY FELLOWSHIP: 1140 Meyer, Sealy; Rusty Griffin, Pastor.
THE DAY OF PENTECOST APOSTOLISTIC REVIVAL RISING STAR: FM 102 South, Matthews; 4 p.m. (at Mt. Zion), Rev. R.L. Carter Sr.
GREATER NEW FAITH CHURCH: 6406 Guylar, Wallis; Rev. Clay Spears, Pastor; 979-478-2169.
EAST BERNARD FIRST BAPTIST
FIRST BAPTIST: 527 N. Lake, Eagle Lake; Rev. Chris Thacker, Pastor; 234-2571.
FRIENDSHIP BAPTIST: 405 S. Lake, Eagle Lake; 234-5795.
IGLESIA BAUTISTIA GETSEMANI: 901 B Street, Eagle Lake; Rev. Mario Vasquez.
GREATER MT. OLIVE BAPTIST: Rev. Dave Curry; 709 N. Lake, Eagle Lake; 234-3545.
WRIGHT GROVE BAPTIST: Rev. T.J. Cunningham Jr.; Altair.
PROVIDENCE BAPTIST: 1207 Seaholm, Eagle Lake; Rev. Coby Shorter Jr.; 234-3735.
CHRIST EPISCOPAL CHURCH: 306 E. Stockbridge, Eagle Lake, 234-3437.
ROCK ISLAND BAPTIST: Bob Allison, Pastor.
SHERIDAN FIRST BAPTIST: FM 2437; Rev. Jim Dunn, Pastor; 234-3136.
WHITE CLOUD BAPTIST CHURCH: 202 Old Altair Road, Eagle Lake; Rev. Obie Rhoads, Pastor; 234-3800.

CHURCH OF CHRIST: Sheridan.
NEW LIFE FELLOWSHIP: Hwy. 90A, Sheridan; Del Sanford, Pastor; 234-3276.
CHRIST OUR REDEEMER-Charismatic: Jerry C. McKinney, Pastor; 979-478-7534 or 478-6512.
HOLY CROSS CATHOLIC CHURCH: East Bernard.
CATHOLIC PARISH OF THE NATIVITY: Our Lady of Perpetual Help Sanctuary; 308 N. Stevenson, Eagle Lake; 8 a.m. (Español), 10 a.m. (English) 6 p.m. Saturday (English), Rev. Robert F. Guerra, P.O. Box 307; 234-2842.
ST. MARY'S CATHOLIC CHURCH: Box 97, Nada; Fr. Joe Vrana; 758-3218.
GRACE LUTHERAN: 408 N. Stevenson, Eagle Lake; Services begin at 10 a.m.; Rev. Clements Richard, Pastor; 234-3381.
LEHRER MEMORIAL UNITED METHODIST: Garwood; 9 a.m. worship.
LISSIE UNITED METHODIST: J. L. Craft, Pastor; 234-2112, Lissie.
ROCK ISLAND METHODIST: Ken Sells Jr. Lay-Pastor.
UNITED METHODIST: 200 W. Prairie; Sunday School 9:30 a.m., Worship, 10:45 a.m.
FIRST PRESBYTERIAN: 1306 E. State Street, Eagle Lake; 234-3368.
VINE OF THE LORD: 1300 E. State Street, Eagle Lake; Rev. Paul Aguilar, Pastor; 234-7543.
CrossRoad ASSEMBLY OF GOD: 510 Wallace, East Bernard; Pastor George Kutach; 979-335-7706.
THE CHURCH OF CHRIST OF LATTER-DAY SAINTS: 600 W. St., Sealy; Marshall Crosby, Branch Pres.
CHURCH OF CHRIST: 815 Milam, Columbus; Lynn Wilson, Minister.
THE SHEPHERD'S WAY: Interdenomination Christian Fellowship; 1225 Eagle Lake Road, Sealy, Frank Lucas, Pastor; 979-885-1225.
SOUTH POINT BAPTIST CHURCH: 6407 Hwy 71-S, Garwood; 979-758-3039.
ASEMBLEA DE DIOS HOSANNA: 403 East Main, Eagle Lake; 979-732-1966; Pastor Romero Rodriguez Jr.
BIBLE TRUTH APOSTOLIC CHURCH: Corner of S. Wharton & E. First St., El Campo; Pastor Larry T. Smith, 979-543-2331.-non-denominational.

Bible Verse of The Week
"Be ye angry, and sin not: let not the sun go down upon your wrath: Neither give place to the devil."
-Ephesians 4:26-27
Submitted by Neddy Phillips

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